



Key Competences Kit
for facing Lifelong Learning

CURRICULUM

Social and civic competences

MODULE 6

8 KEY COMPTENCES KIT

July 2009

Curriculum: 8 Key Competences Kit for facing lifelong learning

Partner: Social Policy Unit, Lithuania

Module Number: 6

Module Title: Social and civic competences

Number of Units: 7

Authors:

SPU

Contacts in case of questions or support:

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Total duration of the module: 16 academic hours

Theory: 5 hours

Exercises, practices: 10 hours

Summary, Self-evaluation: 1 hours

Documents for completed course: CERTIFICATE

Form of Module: Compulsory

Credits: 1

Prerequisite for participation:

- Basic knowledge of mother language.
- Basic literacy: reading and writing.
- Basic computer literacy (for e-learning).

Target group:

Adults with lack of basic training or education gaps at risk of social exclusion:

immigrants, early school leavers, adults over 55, former young offenders, low-qualified workers, the unemployed etc.

Knowledge to acquire:

- Knowledge of the personal skills, attitudes and behaviours that drive one's potential for growth and empowerment;
- Knowledge of key social and civic skills: ability to communicate, manage information, think and solve problems, be responsible, be adaptable, work with others.

- Awareness of implications of social and civic skills on: employability; empowerment; community building;

Skills to:

- communicate;
- manage information;
- think and solve problems;
- be responsible;
- be adaptable;
- work with others;

Attitudes:

- demonstrate positive attitude towards lifelong learning;
- feel good about yourself and be confident;
- deal with people, problems and situations with honesty and personal ethics;
- be socially responsible and contribute to community;

Methodologies for delivering of the training:

- Face to face tutoring
- Blended learning
- E-learning (second advanced phase of learning programme delivering);

Learning evaluation:

- Questionnaires aimed at assessing teaching content and teaching methods;
- Online tests (multiple choice, false/true etc.).

Module Contents

Didactic Unit	Theme	Time
Didactic Unit 1. Social and civic skills	basic definitions: notion of social skills;	1 hour
	role of social skills for personal development;	
	learning social skills an EU priority;	
Didactic Unit 2. Communication skills	read and understand information presented in a variety of forms;	3 hours
	speak so others pay attention and understand;	
	listen and ask questions to understand and appreciate the points of view of others;	
Didactic Unit 3. Manage information	locate, gather and organise information;	1 hours
	present information;	
Didactic Unit 4. Think and solve problems	assess situations and identify problems;	3 hours
	identify the root causes of a problem;	
	evaluate solutions to make;	
	check to see if solution works and act on opportunities for improvement;	
Didactic Unit 5. Be responsible	set goals and priorities balancing work and personal life;	3 hours
	plan and manage time, money and other resources to achieve goals;	
	be accountable for your actions;	
	be socially responsible and contribute to your community.	
Didactic Unit 6. Be adaptable	be open and respond constructively to change;	2 hours
	learn from your mistakes and accept feedback;	
	cope with uncertainty;	
Didactic Unit 7. Work with others	understand work within a group;	2 hours

	<p>recognise and respect people's diversity, individual differences and perspectives; be able to seek common goals; contribute to team by sharing information and expertise;</p>	
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Project Partners:



Associated Partner:



Promoter:

